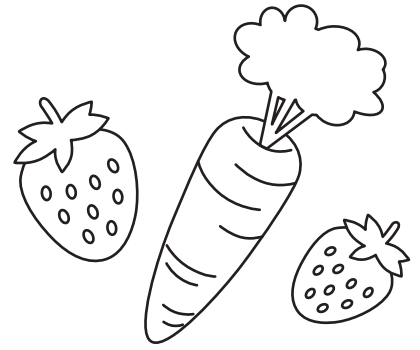








for **Military Families**

On the Menu

Write (or draw!) your family meal options for the week.



 MONDAY	 TUESDAY	 WEDNESDAY
 THURSDAY	 FRIDAY	 SATURDAY
 SUNDAY		