



Deployment Tips

When a parent is called to serve, it's a new experience for the whole family. Everyone may need to adjust to different roles and routines. Color this page together with your child and talk about how you are still a family, even when you are apart.



TIPS FOR FAMILIES:

Talk with your child about what will change and what will stay the same.

Listen to your child talk about his feelings. Ask him encouraging questions, such as: "What are you thinking about?" And remember, that most times your child will tell you how he feels with his behavior.

Connect with community, extended family, school, and other caregivers. Reassure your child by keeping connected to the deployed parent with emails and phone calls.