



Sing Out Strong!

 Sometimes feelings just need to be expressed in a song. Use the lyrics below to “Sing” or follow along our Sesame friends at <https://youtu.be/sUOMJI-ii0> to let it out.

Sing
Sing a song
Sing out loud
Sing out strong
Sing of good things, not bad
Sing of happy, not sad

Sing
Sing a song
Make it simple
To last your whole life long
Don't worry that it's not good enough
For anyone else to hear
Sing
Sing a song

La la la la la la la la la la la
La la la la la la la
La la la la la la la la la la la
La la la la la la la

Sing
Sing a song
Sing out loud
Sing out strong
Sing of good things, not bad
Sing of happy, not sad

